

September 2024

41 per cent of inquiries to StopSpillet is from young people under 26 years old

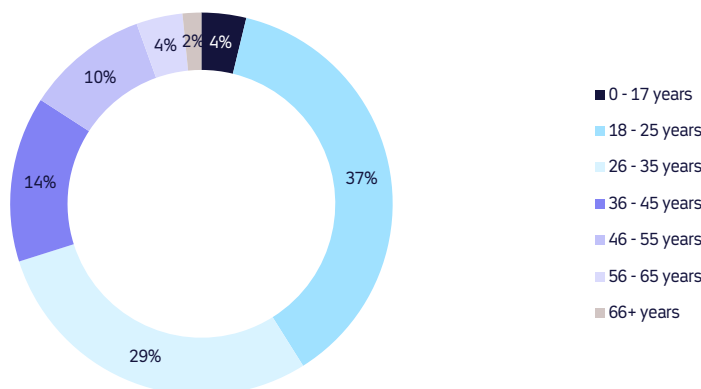
Figures from the Danish Gambling Authority's StopSpillet helpline and exclusion system ROFUS (Register of Self-Excluded Players) show that especially young people under the age of 26 make use of the offers.

The Danish Gambling Authority has two tools aimed at helping players who have developed gambling addiction or want to prevent developing gambling addiction.

As a player, relative or professional, you can contact the Danish Gambling Authority's helpline StopSpillet, which provides advice on responsible gambling and compulsive gambling. In addition, players have the option to exclude themselves from online gambling, land-based casinos and land-based betting via ROFUS (Register of Self-Excluded Players). Figures from StopSpillet and ROFUS show a clear trend: Young people in particular make use of the offers.

Since the establishment of StopSpillet in 2019, the helpline has received almost 3,200 inquiries from players, relatives and professionals. 37 per cent of player inquiries came from young people between the ages of 18 and 25, while 4 per cent came from young people under the age of 18, see *Figure 1*. This is despite the fact that the age limit for the vast majority of gambling products and services is 18 years.

Figure 1. Player age distribution - Player inquiries to StopSpillet



Source: The Danish Gambling Authority. Includes inquiries from Jan. 2019 to July 2024.

Figures from ROFUS show the same trend. As of 1 August 2024, there were just over 51,000 people registered with ROFUS. Of these, 41 per cent were under the age of 30.

41%

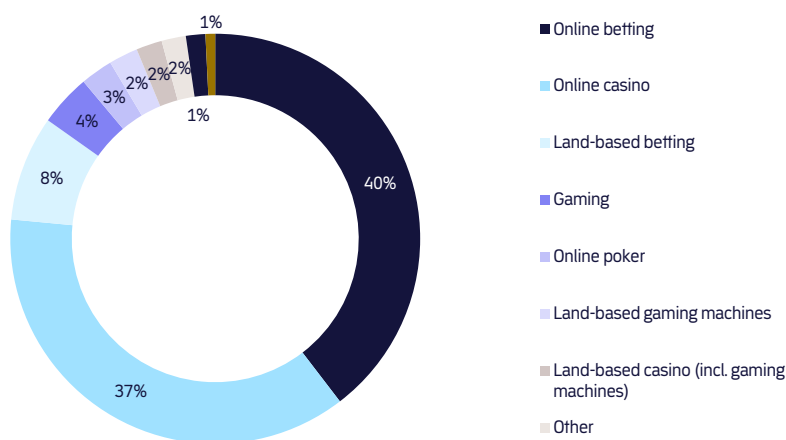
of the persons registered with ROFUS were under 30 years old

As of 1 August 2024, 41% of ROFUS registrants were under 30 years old.

Online gambling is most popular among young people

When players contact StopSpillet, the advisers ask what types of gambling products the players use. For players under the age of 26, online betting and online casino are the preferred game types. They make up 40 and 37 per cent of the types of games reported, respectively, see Figure 2.

Figure 2, Preferred game types among players under 26 years old who contact StopSpillet



Source: the Danish Gambling Authority.

Note: Includes inquiries from Jan. 2019 to July 2024. Only inquiries from players are included. Each player has specified up to two game types.

The Danish Gambling Authority works continuously to spread awareness of StopSpillet and ROFUS, e.g. campaigns on TV and social media. In the summer of 2023, the Danish Gambling Authority ran a major campaign for StopSpillet. It was carried out both on social media and in public spaces with advertisements on buses and posters at bus stops and train stations.

Box 1: Do you gamble too much - or know someone who does?

StopSpillet is the Danish Gambling Authority's helpline on compulsive gambling. StopSpillet is for anyone who needs advice and guidance on responsible gambling and gambling addiction. Advisers are ready to talk to players and relatives to find out what options are best to help each player move forward.

All inquiries to StopSpillet are treated confidentially. StopSpillet's advisers are professionals trained to provide advice and guidance on responsible gambling and gambling addiction. The Danish Gambling Authority does not disclose information from the interviews to other authorities.

You can read more about the helpline at stopspillet.dk